

How to select Green Chemistry Ingredients for Cosmetic Protection

Dr Barbara Olioso MRSC The Green Chemist Consultancy

Agenda

- Why green chemistry ingredients for cosmetic protection
- How to start the selection process
- A simple example with an interactive tool
- Conclusions
- Questions



Why 1 Consumers desire for green and free from

- Paraben free along with other preservatives free from are a the most common green claim (source Mintel)
- Even if free from is not permitted in Europe, the general public is still looking for it





5 years Global trend On Google trends



paraben free 195 alphabeticals





Why 2 Not many preservatives left

- Recent restrictions mean less preservatives available for the industry
- The cost for registering new preservatives is very high, so very unlikely new ones will be registered



Why 3 Keep it low

- As the cosmetic industry is growing so is the exposure to preservatives
- Think of what happened with MCI and MI
- Therefore reducing preservatives exposure levels may safeguard them long term



Poll question

- What is the biggest challenge you face in building your preservative system today?
- Cost
- What to use
- Time
- Complexity
- Other (feel free to say it in the chat)



Green Chemistry



From: "Green Chemistry, theory and practice" by Paul Anastas and John Warner

How do you use green chemistry for cosmetic preservation?

- Green chemistry ingredients with additional antimicrobial properties
- Emulsifiers, surfactants, humectants, skin conditioners, antioxidants, fragrances..
- Antimicrobial properties are usually not broad spectrum (either antibacterial, antifungal or might help boosting antimicrobials) and require synergistic blends for broad spectrum protection
- Many ready made blends available on the market, even containing preservatives from Annex V
- It is a more complex process

First step: what is your preservative strategy?

- Preservative free
- Use lower levels of preservatives from Annex V in combination with green chemistry multi-functionals
- **Boost** your preservative system with a green chemistry booster

Several selection criteria





Following steps

- 2 Green criteria: many shades of green, which one is yours?
- **3** Formula: what kind of formula is it? What is the pH?
- 4 Who is going to use this product and where will it be applied? What type of packaging?
- 5 In what countries is the product going to be sold?
- 6 Cost per kg of product
- 7 Safety data: this is usually supplied by the supplier or by other good sources
- 8 Test

Example

- 1 Preservative free
- 2 Green criteria: 100% plant derived, Cosmos compliant
- 3 Formula: mineral SPF, pH around 7, bottle with pump dispenser
- 4 Application: leave on, for the body
- 5 Where: Europe and USA
- 6 Check selection with safety advisor
- 7 Check cost per kg of product



Index Intro What's nat Micro & co How to us Regs Char pH Charts T Charts Summary Charts

The Green Chemist's Handbook on Cosmetic Preservation

Summary Chart 6 - Preservatives Summary Chart 7 - Broad Spectrum

rade name	INCI	State	Use %	pН	°C	Cosmos status	NOI	Regs	Trade name	INCI	State	Use %	pН	°C	Cosmos status	NOI	Regs
		L	1.5-2.5	3.5-6	<80	А	0.88	EU, US, China, Pro 65		Leuconostoc Filtrate Filtrate, Aqua	L	2-4	3-7	<60	А	1	EU, US, China, Pro 65
		L	1.5-2.5	4-6	<80	A	0.90	EU, US, China, Pro 65		Leuconostoc/Radish Root Ferment Filtrate, Aqua	L	2-4	3-7	<70	А	1	EU, US, Pro 65, China
		L	-	4-5.5	<80	A	1	EU, US, China, Pro 65 EU, US,		Lactobacillus ferment, Aqua	L	2-4	3-7	<70	A	1	EU, US, Pro 65, China
		S	<0.5	<5	-	A	1	China, Pro 65 EU, US,		Lactobacillus Ferment, Lactobacillus, Cocos Nucifera Fruit Extract, Aqua	L	2-4	3-7	<70	A	1	EU, LU P
		L	1.5-2.5	3.5-6	<80	A	0.90	China, Pro 65 EU, US, China		Leuconostoc/Radish Root Ferment Filtrate, Lactobacillus, Cocos Nucifera Fruit Extract, Aqua	L	2-4	3-7	<70	А	1	
		L	1-1.5	4-5.5	-	А	0.87	Pro 65 EU, US, Pro 65,		Lactobacillus ferment, Aqua	L	2<	3-7	<70	А	1	The Green
		L	0.5-2	3-6.5	-	A	?	EU, US, China		Musa sapientum (banana) fruit extract, Aqua	L	2-3.2	4-10	<40	с		Consulta
		L	2-4	<6.5	-	A	?	EU, US, Pro 65, China		Silver oxide, Citric acid, Lactic acid, Aqua	L	0.5-1	4-6	<40	А	7	
		L	0.5-2	3-6.5	-	-	?	EU, US, China, Pro 65 EU, US,		Silver	S	0.05-0.3	7-11	<40	А	0.1	O Pro b
		L	0.5-2	3-6.5	-	-	?	China, Pro 65 EU, US,		Silver	s	0.05-0.3	7-11	<40	A	1	EU, US, China, Pro 65
		L	0.75-2	4-8	60	A	0.15	China, Pro 65 EU, US, L		Silver lactate, Lactic acid, Aqua	L	0.5-1	4-5	<40	A	1	EU, US, Pro 65
		L	0.5-1	<8	<40	A	0.1	Pro 65 EU, US, China?	Plantservative WsR	Lonicera japonica flower extract, Lonicera caprifolium flower extract Aqua	L	0.85-2	2-12	<95	с	1	EU, US, Pro 65, China
		L	0.5-2	3-7	<120	A	1	Pro 65? EU, US, China, Pro 65	Plantservative WmR jojoba	Lonicara japonica flower extract, Lonicera caprifolium flower extract, Simmondisa chinensis seed oil	L	1-2	2-12	<95	с	1	EU, US, Pro 65, China
		L	0.5-2	3-9	<80	А	0.14	EU, US, China, Pro 65?		Naringerin, Citrus grandis (Grapefruit) seed extract, Citrus aurantium, Hesperidin, Citrus reticulata (Tangerine) peel extract, Glycerin,	L	1-2	2-10	<40	с	1	EU, US, Pro 65, China
		L	0.5-2	3-9	<80	A	1	EU, US, Pro 65, China		Ascorbic acid, Lactic acid, Citric acid Xylityl sesquicaprylate	L	0.5-1.5	3.5-7	<45	A	1	EU, US, China,
		L	0.25-2	3-7	<40	A	1	EU, US, China, Pro 65		79							Pro 65

The Green Chemist's Handbook on Cosmetic Preservation

Index

Introduction 01	11
<u>What is natural? 02</u>	21
Microbiology and cosmetics 03	31
How to use this book 04	41
Regs & Green Status charts	45
pH Charts	57
Temperature Charts	65
Summary Charts	75

Helping the selection process

The Green Chemist Consultancy

Plus an ingredients section made of 164 raw materials from 47 suppliers all over the world Summary Charts

Index Intro What's natural? & cosmetics use legs Charts H Charts T Charts

THE GREEN CHEMIST'S Handbook for Cosmetic Preservation

Dr Barbara Olioso, MRSC

With this interactive ebook

Consultancy





Selection via the pH chart

The Green Chemist Consultancy

Charts selection according to regulatory status and temperature stability The Green Chemist's Handbook on Cosmetic Preservation

Plantservative WsR by Campo Research

Green chemistry honeysuckle extract made from wildly cropped plants. Incompatible with citral as it turns slightly pink.

INCI names

Lonicera japonica flower extract, Lonicera caprifolium flower extract Aqua

CAS number 223749-79-9, 84903-62-3 Physical state Liquid Function Conditioning Effective pH range 2 to 12 Heat stability <95C, 203F Solubility water Recommended % 0.85 to 2 Antimicrobial type Broad

> To know more see my article on this material.



Gree	en Status	Regulatory status						
Cosmos	ISO 16128	EU	US	Pro 65	China			
Compliant	1	yes	yes	ok	yes			

Plantservative WmR Jojoba

by Campo Research

Green chemistry honeysuckle extract made from wildly cropped plants.

INCI names

CAS number

Function

Solubility

Lonicara japonica flower extract, Lonicera caprifolium flower extract, Simmondisa chinensis seed oil caprifolium flower extract, Aqua 223749-79-9, 84903-62-3

Liquid Conditioning 2 to 12 <95C, 203F oil 1 to 2

The Green Chemist Consultancy

Physical state Effective pH range Heat stability Recommended % Antimicrobial type Broad

Gree	en Status	Regulatory status							
Cosmos	ISO 16128	EU	US	Pro 65	China				
Compliant	1	yes	yes	ok	yes				



Conclusions

- A cosmetic preservative system is key factor in the decision making process of consumers today
- A preservative system with green chemistry credentials gives formulators a valid choice to formulate safe and competitive products
- The Green Chemist's handbook is an interactive e-tool to start the selection process for a green preservative system, saving time and energy
- Special 10% discount valid until the 30th of September, use the code **GREEN** at the checkout

https://school.thegreenchemist.com/ https://thegreenchemist.com/contact/





We can do it! With Green Chemistry

Thank you for listening